

Pine Middle School Physical Education Rules and Regulations

Responsible Uniform

- A. For safety, hygiene, and freedom of movement, the following clothing is required for all Pine PE students.
1. T-shirt and shorts may be purchased from the PE teacher for \$25.00. All uniforms will have student name. This will facilitate the returning of all uniforms.
 2. White socks preferred.
 3. Gym shoes only. Non-marking soles only please!
 4. Sweatsuits are recommended, not required, for outdoor activities.
 5. Towel if intending to shower.
 6. No jewelry.
- B. Showering: Showers are available but not mandatory. A towel, deodorant, and other personal items must be kept in their assigned PE locker. Do not bring aerosol nor glass containers.
- C. Any deviation from the required PE uniform will result in a NON-SUIT being recorded for that class period. A non- suit lowers a student's academic and citizenship grade ½ grade. The student will not be allowed to participate that day.
- D. Non-suits may not be made up.**
- E. Students are asked to take outfits to be washed once a week.
- F. Loaners are offered **three times** each **quarter** for those who forget their clothes.
- G. PE non-suit procedure**
- 1 non-suit - student conference with teacher/warning
 - 2 non-suit – Administration calls home, 1 hour after school detention, a 4th loaner will be provided
 - 3 non-suit – Administration calls home, mandatory parent conference, 3 hour after school detention, a 5th and final loaner will be provided.
 - 4 non-suit – Subject to school progressive discipline plan
 - 5 non-dresses – Subject to school progressive discipline plan

Respect Lockers

- A. All students will be assigned a PE locker. When in class, students should lock-up their street clothes, books, and any other belongings in their locker.
- B. Lockers are not to be shared.
- C. The security of the locker room cannot be guaranteed. Do not leave items unattended on benches.
- D. Locks: Students are required to use the school combination locks. If locks are lost the cost is \$6.00.
- E. Take pride in keeping your locker room area free of litter and trash.
- F. Rules in Locker room
- | | | |
|----------------|--------------------------|--------------------------|
| No glass | No sharing locks | No horseplay |
| No aerosol can | Do not tell combinations | Shower if you have towel |
- Leave locker room only after the instructor dismisses you
No returning to locker room without teacher permission

Responsible Attendance

- A. Please remember that PE is a participation class. Make every effort to attend class on a regular basis. Students are allowed 3 excused absences from PE without their grade being affected. After the 3rd excused absences, students are expected to make up the class absences. All absences after the 3rd will result in the academic and citizenship grade lowered by point deductions.
1. Make-up Procedure
 - a. Make-up must be done at least 1 week before the end of the grading period.
 - b. Sports/activities done outside the PE class may count as make-up provided they are supervised by an adult and approved by the PE instructor beforehand.
 - c. Students may write a 4-page report on any sport or health related topic pre-approved by the PE instructor.
 - B. Students will not be given passes from PE to other classes to complete make-up work, take test, etc. Do not ask.
 - C. Tardies: Students must be inside the locker room doors before the tardy bell. Students must be seated in squad lines or receive another tardy. Consequences for tardiness refer to the student handbook. Tardies will also affect citizenship grade.
 - D. Students are to remain in the locker room until called for roll call.
 - E. Students will remain in the locker room at the end of class until the passing bell rings. Leaving early at anytime will result in an unexcused absence for that day.

Illness or Injury

- A. **Three days or less** – The parent may write a note to the teacher to excuse a student from participation in PE for a maximum of 3 consecutive days. These classes **must be made up**.
- B. Illness or injury **exceeding 3 consecutive days** must be covered by a **doctor’s excuse**. Students will be placed in a medical study hall if the medical excuse exceeds 10 days. Absences of 10 or more days, with a doctor’s excuse, do not need to be made up. You may be transferred to another class. Fax number for the doctor to send the excuse is 689-2539.

Responsible Grading Procedure

- A. Academic Grade
 - 1. A student’s academic grade may be determined by a combination of the following:
 - a. participation
 - b. excused absences
 - c. effort
 - d. skills and improvement
 - e. written test/final/homework
 - f. unexcused absences
 - g. non-suits
 - h. theft
 - 2. It is the responsibility of the student to know what his/her individual teacher requires.
 - 3. Any P.E. staff member may give input to your primary P.E. instructor in relation to your grade.
- B. Citizenship Grade
 - 1. A student’s citizenship grade may be lowered for the following:
 - a. non-suits
 - b. defiance
 - c. forgery
 - d. tardies
 - e. gum in class
 - f. unsportsmanlike conduct
 - g. disrupting class
 - h. theft
- C. Insubordinate behavior, which includes, but is not exclusive to non-suits, will be subject to disciplinary action and possible removal from class.

Problem Solving Injuries:

- A. All injuries, however minor, sustained during PE should be reported to your teacher immediately.

Respect Lost and Found:

- A. There is a lost and found area located in each PE office.

PLEASE SIGN AND RETURN PORTION BELOW

We have read the Pine Middle School Physical Education Policy and understand the uniform policy, make up policy, and various other rules. As a student, I agree to adhere to the policy in order to earn PE credit. As a parent, I agree to support my teenager by encouraging him/her to adhere to the policy so that PE credit will be earned. This form must be returned within 1 week of issue. **If not returned, the student will incur a maximum of 3 deductions for the following week.**

Parent Signature Date Student Name (Please Print) Date

Period _____
Teacher: (Circle one) Fagan, Mortimore